# AKTISCHICHT®

WOUND CARE SOLUTIONS

### **Primary Remarks:**

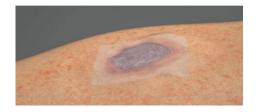
- Sale and use of AKTISCHICHT products must be by, or on the order of a physician (or properly licensed practitioner).
- AKTISCHICHT dressing must be used only after completion of the teaching session.
- AKTISCHICHT dressing is a sterile and limited to single-use product.
- Do not use if there is evidence of packaging damage, or after the expiration date.
- AKTISCHICHT dressing can be hold at room temperature.
- Please refer to the below How to Use and carefully and precisely follow them:

#### How to Use:

- 1) Make picture Nr. 1 from the wound/ulcer.
- 2) Check the indication (in charge: a physician or properly licensed practitioner).
- 3) Consider other additional standard wound care and hygiene measures e.g., cleansing, debridement and refashioning.

Using AKTISCHICHT dressing does not mean that the standard wound care hygiene, regimens, medications as well as adequate blood supply are not needed.

- 4) Wash your hands, use surgical gloves, work in sterile set up and preparations.
- 5) Wash the wound/ulcer and the area around it (> 1 cm margin) and remove the contaminants using standard cleaning solutions. Please do not use irritative or cytotoxic cleansing solutions, or medications.
- 6) If debridement of necrotic or hyperkeratinised tissue is required, let a physician (or properly licensed practitioner) do that.





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- 7) Let the wound/ulcer and the area around it (> 1 cm margin) be dry and clean (e.g. with granulating wound bed) with no bleeding and no > moderate exudate.
- 8) Make picture Nr. 2
- 9) Measure the size of the wound/ulcer and consider covering > 1 cm around it as safe margin for complete adhesion and protection.
- 10) Open the package, in a sterile set up cut AKTISCHICHT dressing as per the size measurements mentioned in Nr. 9) above, apply the AKTISCHICHT dressing on the wound/ulcer, if the wound is dry and has no, or mild exudation, apply the dressing on the wound and then moisten it with 5-7 ml normal saline or sterile distilled water and wait (approx. 10 seconds) until the dressing becomes flexible, gets the form of the wound bed and adheres to it. If the wound/ulcer is wet enough that it's exudation will make the dressing formable, flexible and adherent, it is not needed to use normal saline or sterile distilled water.
- 11) If the dressing is not completely attached to the wound/ulcer bed, gently press on those areas with e.g., sterile gauze pads or medical swabs until is completely adheres to the wound bed ensuring no air trapping between the wound bed and AKTISCHICHT dressing.
- 12) Make picture Nr. 3
- 13) Cover the AKTISCHICHT dressing with a simple, non-adherent, not Ag or vaseline containing outer secondary dressing as per the desired drainage depending on the exudation level of the wound (for high exudating wounds use a superabsorbent foam).
- 14) tell the patient that the wound/ulcer site should not be disturbed for approximately 72 hours (three days).
- 15) Tell the patients to inform you immediately in case of pain, discomfort, swelling, redness, or discharge around/from the wound/ulcer.
- 16) Follow-ups are required and new dressings can be used after 4 -7 days (depending on the case).

